

# Men's Health Check

## BLACKBURN CLINIC

195 Whitehorse Rd (Locked Bag 9)  
Blackburn Vic 3130  
Ph: 9875 1123  
Web:  
[www.blackburnclinic.com.au](http://www.blackburnclinic.com.au)

## Information Sheet

Please take a few minutes to read this information – it may improve your health!

Did you know that males carry a greater burden of ill-health through every decade of their lives, yet they use health services and preventative health strategies less than females? Your car probably gets more frequent and superior attention than your body!

Blackburn Clinic has developed a health program specifically designed for busy men who wish to do something about improving their health.

Our preventative philosophy aims to identify risks and put strategies in place to prevent ill health.

If a health problem exists, then by detecting the problem early, we can aim for better management of the problem, thus minimising complications.

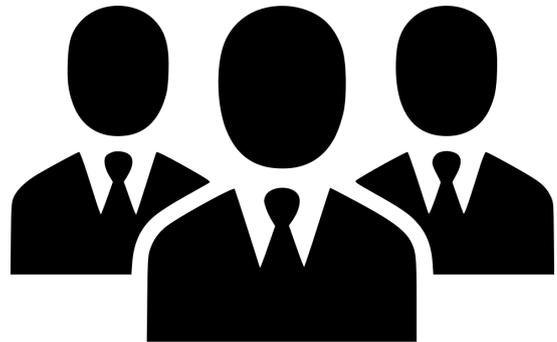
### A whole body checkup comprising:

- a detailed heart risk evaluation
- an ECG
- respiratory assessment
- Diabetes check
- a fitness test (wear loose clothing)
- skin cancer check
- eye check
- hearing screening test
- prostate check when appropriate
- risk evaluation.
- Takes approximately 1½ hours.
- Appointments available in designated times mid-week and some weekends, for your convenience.

### How to book:



Phone **9875 1123** to request a "Men's Health Check" appointment. Then download a detailed health questionnaire from our website to complete and **return prior to the appointment.**



### The cost:

Patients may pay in full, or may choose to pay only the gap amount on the day.

Mon-Fri appointments= \$150 GAP

Weekend appointments = \$170 GAP

Appropriate Medicare item numbers will also be billed, and unless full payment is made, Medicare will send a cheque to the patient (made out to the doctor), which must be sent on to Blackburn Clinic.

### Cancellation Fee:

Patients who fail to attend, or to provide at least 48 hours notice of cancellation, will be charged a \$70 fee (unless the clinic is able to rebook this appointment).

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