



# ASTHMA & RESPIRATORY CLINIC

Aug  
2007

## At BLACKBURN CLINIC

IS  
THIS  
YOU?

- Do you wheeze or cough on most days?
- Do you ever get short of breath?
- Do you use your reliever more than 3 times per week?
- Have you ever, or do you currently smoke?
- Do you have frequent asthma attacks?
- Have you been to hospital for breathing problems?

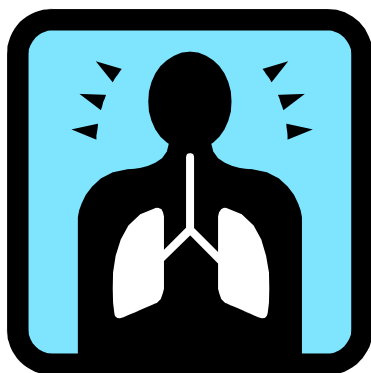
**If so, the Asthma & Respiratory Clinic is for you!**

### WHAT THE CLINIC PROVIDES:

- Review of all aspects of respiratory health;
- Education and information,
- Review medication & device use;
- Support for smoking cessation;
- Lung function testing;
- Allergy testing if needed;
- A written Action Plan;
- Usually 2 visits with the educator;
- 45 mins first appointment;
- 30 mins each review.

### COST:

- There is an up front fee at the first visit. - Medicare will not reimburse this.
- Pay this fee to receptionist on arrival at first visit. There is no pay-on-day discount available for the clinic.
- Any additional item numbers (such as lung function testing) that occur as part of the Clinic will be bulk-billed.
- Please contact Blackburn Clinic reception for current costs.



### PATIENT INSTRUCTIONS FOR THE CLINIC:

- Bring all your puffers, spacers and current medications.
- Do not use your reliever (eg. Ventolin, Bricanyl, Asmol, Airomir) UNLESS YOU NEED IT.
- Do not use your combination medication (eg. Symbicort, Seretide) the morning of your visit.
- Do not use Spiriva the morning of your visit.
- Do not smoke for 2 hours prior to your visit.
- The clinic will phone you 1-2 days prior to your appointment as a reminder.
- We request at least 24 hours notice if you need to cancel an appointment.

#### BLACKBURN CLINIC

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*Clinics are run by a Qualified Educator with your GP. If you think this would be of benefit to you, please ask your GP for a referral.*